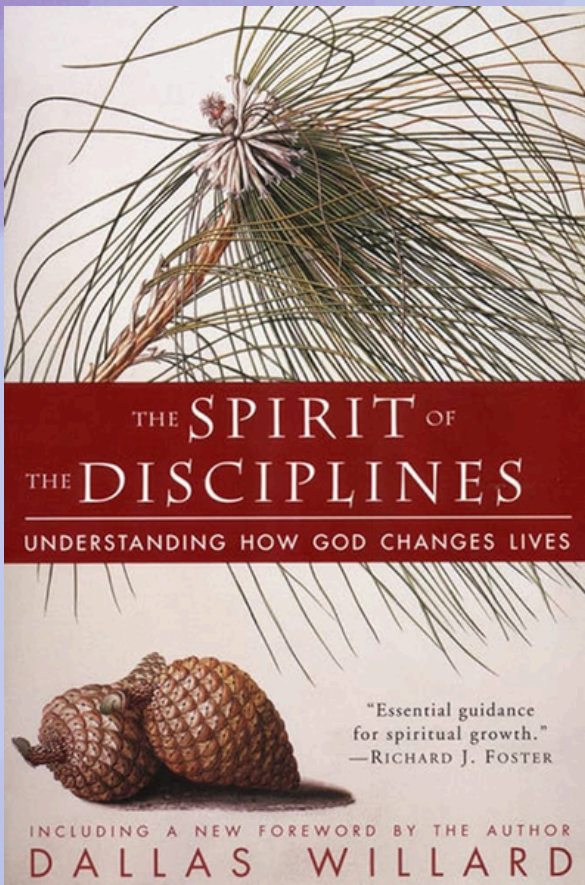


SPIRITUAL FORMATION PREACHING SERIES

Reading Guide

‘The Spirit of the Disciplines’ by Dallas Willard



“Dallas Willard, one of today’s most brilliant Christian thinkers and author of *The Divine Conspiracy* (Christianity Today’s 1999 Book of the Year), presents a way of living that enables ordinary men and women to enjoy the fruit of the Christian life. He reveals how the key to self-transformation resides in the practice of the spiritual disciplines, and how their practice affirms human life to the fullest. *The Spirit of the Disciplines* is for everyone who strives to be a disciple of Jesus in thought and action as well as intention.”

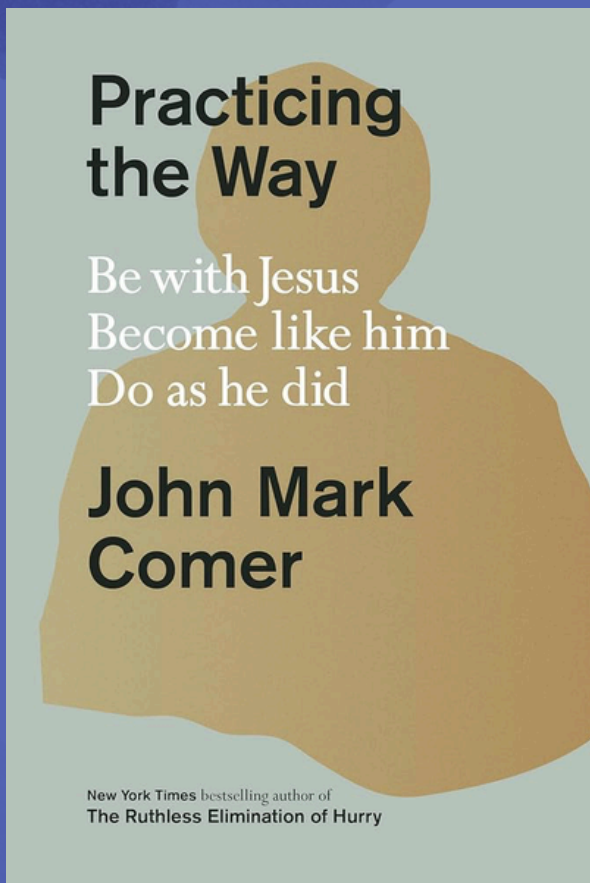
“The hunger of the human heart that is unfed by what is authentic will go for what is inauthentic”

“[Spiritual Formation] is having God’s love occupy us as a result of having learned how to receive it in the deepest parts of our being”

SPIRITUAL FORMATION PREACHING SERIES

Reading Guide

‘Practicing The Way’ by John Mark Comer



“For those of us who desire to follow Jesus, here is the reality we must turn and face: If we’re not being intentionally formed by Jesus himself, then it’s highly likely we are being unintentionally formed by someone or something else.”

“We are constantly being formed by the world around us. To be formed by Jesus will require us to become his apprentice. To live by what the first Christian disciples called a Rule of Life – a set of practices and relational rhythms that slow us down and open up space in our daily lives for God to do what only God can do – transforms the deepest parts of us to become like him.

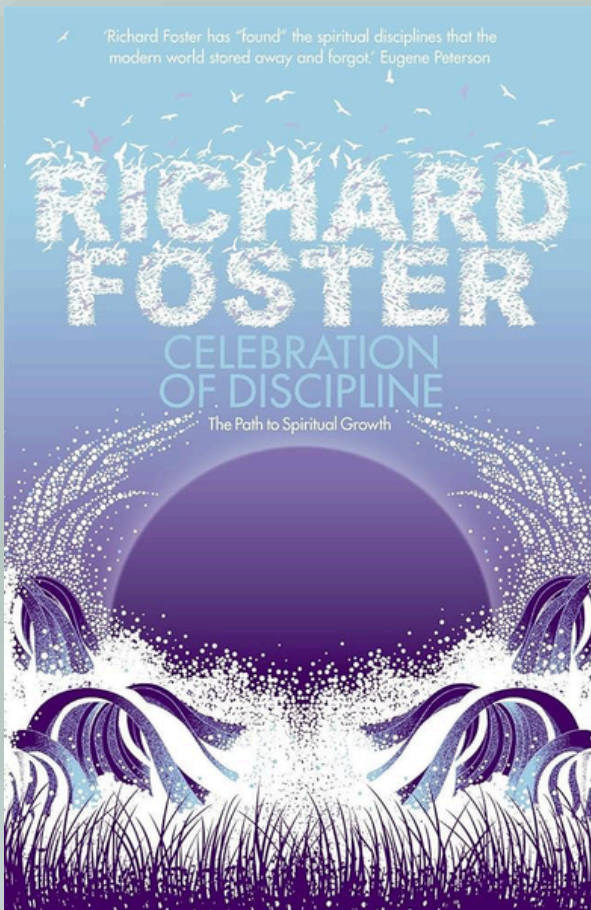
This introduction to spiritual formation is full of John Mark Comer’s trademark mix of theological substance and cultural insight as well as practical wisdom on developing your own Rule of Life.

These ancient practices have much to offer us. By learning to rearrange our days, we can follow the Way of Jesus. We can be with him. Become like him. And do as he did.”

SPIRITUAL FORMATION PREACHING SERIES

Reading Guide

‘Celebration of Discipline’ by Richard Foster



“Arguably the most established contemporary spiritual classic by our most profound living religious writer. This timeless classic has helped well over a million people discover a richer spiritual life infused with joy, peace and a deeper understanding of God. The book explores the ‘classic disciplines’ of Christian faith: the inward disciplines of meditation, prayer, fasting, and study; the outward disciplines of simplicity, solitude, submission and service and the corporate disciplines of confession, worship, guidance, and celebration.”

“A farmer is helpless to grow grain; all he can do is provide the right conditions for the growing of grain. He cultivates the ground, he plants the seed, he waters the plants, and then the natural forces of the earth take over and up comes the grain...This is the way it is with the Spiritual Disciplines - they are a way of sowing to the Spirit... By themselves the Spiritual Disciplines can do nothing; they can only get us to the place where something can be done.”