

“I am the Bread of Life”

After Jesus fed five thousand people with five loaves of bread and two fishes, He said: “I am the bread of life. Whoever comes to me will never go hungry and whoever believes in me will never be thirsty.” (John 6:35)

Jesus alone offers us deep and real satisfaction.

Think About

Think about your current priorities in life. What are the things that are most important to you? Where do you spend most of your time / your money? What do your priorities show you about how you are looking to satisfy your deepest needs?

Do

Take one of the sweets and take your time eating it. As you do this, thank Jesus that He alone can give us all we need. He can satisfy the deepest longing in your heart for life in all its fullness.

Ask Jesus to increase your hunger and thirst for him so that you too can pray like the Psalmist, “As the deer pants for streams of water so my soul pants for you, my God.” (Psalm 42:1)

“I am the Light of the World”

Jesus said, “I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life.” (John 8:12)

In the “light of Jesus” we see reality. Jesus can bring His light (goodness) to even the hardest situation.

Think About

Is there an area of your life where you need the Lord’s guidance; where you feel “in the dark” and need his light to show you the next step?

What things in our world need Jesus’ light? You might want to look at the news papers for ideas. Ask God how He wants you to pray for these things.

Do

Use the UV pens to write or draw on the paper on the wall a situation or area where you would like God’s light to shine.

Take a UV torch and as you shine the light on your writing, pray and ask for God’s light to shine in this area.

“I am the Gate”

Jesus said: “I am the gate; whoever enters through me will be saved. They will come in and go out, and find pasture.” (John 10:9).

Jesus is the only way that we gain access into the Kingdom of God and to become best friends with God forever. When we become friends with Jesus, He promises we enter through a gate which give us “life to the full” (John 10:10)

Think About

Jesus has promised to give those who trust Him life to the full. (John 10:10) That doesn't mean that our lives will be easy, comfortable, or problem-free, but it does mean that we will know real blessings such as:

peace, joy, hope, love, patience, kindness, goodness, faithfulness and self-control.

Which one of the Lord's blessings do you need to receive by faith today?

Do

On the label draw or write the name of someone who you are praying comes to know Jesus as their friend. As you hand your label on the gate; pray for them to enter through the gate Jesus offers.

“I am the Good Shepherd”

Jesus said: “I am the good shepherd; I know my sheep and my sheep know me” (John 10:14)

Just as a shepherd knows and loves his sheep; Jesus loves each one of us, He knows us and He calls us by name.

Think About

Pick up a Psalm 23 card and spend a little time praying through it. Thanking Jesus that as your Shepherd he:

Feeds you, (v.1-2)

Restores you, (v.3)

Guides you, (v.3)

Reassures you in the difficult times of His constant presence, (v.4)

Protects you, (v.5)

Heals you, (v.5)

Blesses you. (v.6)

Go

Use the mirrors to draw a self portrait. As you do so, thank God that He knows every detail about you.

As you draw, ask God to show you what His favourite thing about you is?

“I am the Resurrection and the Life”

When Jesus’ friend Lazarus died, Jesus said to Martha: “I am the resurrection and the life. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die.” (John 11:25-26)

Jesus alone has the power over life and death.

Think About

Resurrection life isn’t simply a future hope, but also a present reality for believers.

Is there an area of your life, where you need hope?

Go

Pick up a seed. As you look at it and reflect on the fact that it is “dead,” bring to the Lord any situation in your life that is “dead.” This could be a situation where it is hard to see it getting any better for example a friendship that has gone wrong, a ministry that is unfruitful, a friend who has turned their back on God.

Ask the Lord to bring his “resurrection life” into that situation as you plant your seed into the compost.

“I am the Way and the Truth and the Life”

Jesus, who has lived, died and been raised to new life,
says to us: “I am the way and the truth and the
life” (John 14:6)

It is through Jesus alone that we can come to know God
and have a relationship with Him for ever.

Think About

When Jesus called his first disciples, they were
fishermen and He asked them to leave their old life of
fishing and follow Him and the new life He offered. The
fishermen left their nets immediately and followed Him.

Jesus asks the same of us today; to leave our past lives
and follow Him.

Ask the Lord to help you turn away from your old way of
doing things so that you can follow His way

Do

Use the lego and bricks to make a maze.

Pray about your journey with God. Tell Jesus the times
where it is hard to follow Him and trust Him? Ask Jesus
to help you to follow Him everyday and in every
situation.

“I am the vine”

Jesus says to us: “I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.” (John 15:5)

Think About

Jesus we are to “remain in him,” in other words stay completely dependent upon Him.

Are there areas of your life, where you have been living independently of Him?

Do

Use the play dough to make leaves for the vine. As you do this, pray and ask God to help you live every part of your life with Him.